

# **2010 EAST/WEST FEDERATION SWIM MEET**

## **Conrad, Montana**

**July 31 - August 1<sup>st</sup>**

We would like to welcome all Swimmers and their families to Conrad for the 2010 State Swim Meet. Following is pertinent information with respect to meet start times, parking instructions and contact information for additional questions:

### **SCHEDULE:**

<b>Saturday:</b>	<b>7:30 am</b>	<b>Team warm-ups (See schedule below)</b>
	<b>8:00 am</b>	<b>Coaches' Meeting</b>
	<b>9:15am</b>	<b>Line up at East gate entrance to Pool for Parade of Athletes</b>
	<b>9:30 am</b>	<b>Parade of Athletes</b>
	<b>10:00 am</b>	<b>Meet begins</b>
<b>Sunday:</b>	<b>7:30 am</b>	<b>Team warm-ups (Same schedule as Saturday)</b>
	<b>8:00 am</b>	<b>Coaches' Meeting</b>
	<b>10:00 am</b>	<b>Meeting begins</b>

**CAMPING/PARKING:** Trailer parking is available around the Swimming Pool and Legion Park beginning on Thursday, July 29<sup>th</sup>. Trailers can be parked prior to this time at the High School parking lot or at the baseball fields two blocks west of the park. There is no trailer parking in the pool parking lot or on the north side of the pool (6<sup>th</sup> Street SW). Slide-outs must be extended towards the park rather than into the street. Tent camping is available in both parks and there is a NO PET policy in both parks.

**SHOWERS:** Showers will be available in the pool house from 6:00 am until 11:00 pm

The Conrad Basketball Club plans to sponsor a dance Saturday night at the Prairie View School (220 N. Wisconsin) from 7 pm to 11 pm. Also the Orpheum Theatre will be showing a movie.

**CURFEWS:** Bantams/Midgets: 9 pm; Juniors: 10 pm and Intermediates/Seniors: 11 pm

### **Warm-up Schedule:**

Lanes	7:30-7:45	7:45-8:00	8:00-8:15	8:15-8:30	8:30-8:45	8:45-9:00	9:00-9:15	9:15-9:30
1	Sidney	C. Falls	Fort Benton	Bitterroot	Chester	Lewistown	Shelby	Malta
2	Sidney	C. Falls	Fort Benton	Bitterroot	Chester	Lewistown	Shelby	Malta
3	Sidney	C. Falls	Roundup	Bitterroot	Cut Bank	Lewistown	Shelby	Malta
4	Sidney	Glendive	Glasgow	Bitterroot	Cut Bank	Chinook	Shelby	Conrad
5	Plains	P-Wood	Glasgow	Bitterroot	Scobey	Chinook	Fairfield	Conrad
6	Harlem	P-Wood	Glasgow	Choteau	Scobey	Chinook	Fairfield	Conrad/Sunburst

**For Questions or Additional information Concerning The Meet Contact:**

**Barb Judisch: judisch@starband.net**

**Carla Barringer: mtcarlab@yahoo.com**